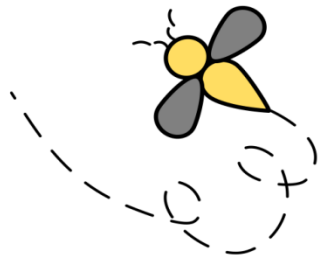


What is an ELSA

Miss Richards is a qualified English teacher with a wealth of experience of working with children. As well as helping with academic work at St. Paul's she also supports our students to develop their emotional literacy. She does this through meeting with our students individually or in small groups to support their emotional learning. She has been trained and is regularly supervised by the Educational Psychologists in your Local education authority.

Miss Richards is a warm and caring person who wants to help your child to remove any barriers to learning, so they can reach their potential educationally and feel happy at school and home.



An ELSA session

Miss Richards will plan the sessions for your child very carefully. The session consists of several parts.

Emotional check in

This is an opportunity to talk about feelings,

Main activity

The ELSA will plan the activity to a learning objective. Something your child will be able to do at the end of the session that they cannot do now. This is usually a 'I can' statement such as 'I can tell you about my strengths' (A self-esteem objective). The ELSA will encourage your child to tell you about their talents or personal characteristics such as 'kind', 'caring', 'helpful' or 'brave'. The child will then make something to reinforce those strengths.

Relaxation

Your child will be taught a relaxation exercise to help get them ready to go back to class



ELSA

Emotional
Literacy
Support
Assistant

Miss Richards

